

CANTEEN MENU 2016

	SNACKS	PRICE		SUSHI	PRICE
G(gf)	Vege Chips – BBQ	\$1-00	G	Sushi roll – chicken teriyaki	\$2.20
G(gf)	Vege Chips – Salt & Vinegar	\$1-00	G	Sushi roll – tuna & avocado	\$2.20
G(gf)	Vege Chips – Sweet & Sour	\$1-00	A	Sushi roll - California (seafood)	\$2.20
A	Ovalteenies	90c	G	Sushi roll – vegetarian	\$2.20
A	Fruit Nuggets	50c	G	Rice paper roll – prawn	\$2.40
A	Hello Pandas	60c	G	Rice paper roll – vegetarian	\$2.40
G	Wholemeal Pikelet - plain	20c			
G	- with jam	30c		HOT FOOD	
G	Frozen Orange Quarter	20c	G	Homemade Pizza - Cheese	\$1.20
G	Frozen Fruit Juice Cup	30c	G	- Ham & Cheese	\$1.50
G	Apple Slinkies	40c	G	- Chick & Cheese	\$1.70
	(own apple slinkied - free)		A	- Hawaiian	\$1.80
			A	Lean Beef Burger (lettuce,tom,sauce)	\$3.50
	DRINKS		A	Fish Burger (tartare sauce)	\$3.00
G	Flavoured Milk (choc/strawb/banana)	\$1.20	A	Chicken Burger (lettuce, mayo)	\$3.70
G	100 % Juice Popper - apple	\$1.00		*cheese extra 30c	
G	100% Juice Popper - tropical	\$1.00	G	Lasagne	\$2.80
G	100% Juice Popper – orange/mango	\$1.00	G(gf)	Fried Rice	\$2.20
			A	Lite Mini Pies	80c
	FROZEN TREATS		A	Lean Beef Pie - 160g	\$2.30
A	Frozen Yoghurt - strawberry	\$1.50	A	Lite Sausage Roll - 125g	\$2.00
A	Frozen Yoghurt – fruit salad	\$1.50	A	Spinach & Cheese Roll (veg)	\$1.80
A	Smooze - mango/coconut	80c	A	Yummy Drummies	80c
A	Smooze – guava/coconut	80c	A	Tomato sauce	20c
A	Smooze – pineapple/coconut	80c			
A	Quelch tube	50c		SANDWICHES/WRAPS	
			G	Salad with meat*~	\$3.50
	SALAD		G	Chicken	\$2.50
G(gf)	Salad box~	\$3.00	G	Ham	\$2.50
G(gf)	Salad box with meat*~	3.5	G	Egg	\$2.00
G(gf)	Salad plate~	\$3.50	G	Egg & Lettuce	\$2.50
G(gf)	Salad plate with meat*~	\$4.00	G	Cheese	\$1.50
			G	Vegemite	\$1.50
	*Choice of tuna, chicken, sliced ham		G	Tomato	\$1.50
			G	Baked Beans	\$1.50
	~ Salads include lettuce, tomato,		G	Spaghetti	\$1.50
	carrot, cucumber, pineapple, sprouts		G	Tuna	\$2.00
	beetroot, cheese slice, boiled egg.			Toastie or Jaffle extra	30c
				Each extra filling	50c

Gluten Options for Beef Burgers and Pikelets (Need to pre-order)

Paper bags for lunch orders 5 centseach. _

Other sushi options available, please just write on the order bag.